



Triangle Native American Society

PO Box 26841, Raleigh, NC 27611

Website: www.tnasweb.org

Email: tnas@tnasweb.org

Tobacco, Dip & Chew” and we are hosting a poster contest with the hope our youth will work with us to help

get information to their peers and family members about the dangers of tobacco use.

Why A Poster Contest?

This is an opportunity for American Indian students, K-12, in the Triangle area to design a poster depicting the dangers of tobacco use. This poster contest will be used in our campaign to educate our youth about the danger of tobacco and help them develop skills they need to take action against tobacco use where they work, learn, live and play.

The contest is sponsored by Triangle Native American Society (TNAS) with support from the NC Commission of Indian Affairs and the Health and Wellness Trust Fund. Copies of the winning poster will be distributed to various members of the TNAS community including the Superintendent of Wake County Public Schools, the Wake County Commissioners, Raleigh City Council and the State Superintendent of Public Instruction.

A **cash prize of \$50** will be awarded to the winner in each age category.

Rules

- ❑ Poster should be at least 8 ½” X 11” or larger
- ❑ Media may be cut paper, poster paints, India ink, string, spatter work, charcoal drawings or any suitable art materials.
- ❑ Name of student, name of school, mailing address of school, grade level of student, parent’s name and address should be typed or printed on a 3x5 card. This card should be attached on the back of the poster in lower right-hand corner.
- ❑ Posters, which do not meet all contest requirements, will be eliminated and not submitted for the judging.
- ❑ All posters should be submitted for entry by **May 1, 2005**.
- ❑ Each poster must display the contest theme.

2005 ANNUAL MEMBERSHIP MEETING

In 2004, the TNAS leadership decided that over the course of the next year or so will be a time we take to assess where we have been and where we want to go as an urban Indian organization. This means that we may not be presenting as many public activities as we have in the past, but we will be working quietly to plan, reflect, study and explore issues and topics that will be important to us in the development of our organization.

Election of officers was held at our annual meeting last October and the following reflects the results:

President -- Lana Dial

Vice President -- Jeff Currie

Secretary -- Clarice Dial

Treasurer -- Gwen Locklear

SAVE THE DATE!

→ TNAS Monthly Meetings – 1st Mondays @ 6:30 PM, Wade Edwards Learning Lab (WELL), Raleigh

→ Annual Cook-Out/Spring Picnic – June 11 @ Lake Jordan

→ American Indian Education Day and American Indian Heritage Month Celebration—November 2005 @ the NC Museum of History, Raleigh

Triangle Indians against Tobacco, Dip & Chew

Recent reports have shown higher rates of substance use among American Indians or Alaska Natives compared with persons from other racial/ethnic groups. Among American Indian or Alaska Native youths aged 12 – 17, the rates of past month cigarette use, binge drinking, and illicit drug use were higher than those from other racial/ethnic groups. This information comes from a September 2004 National Survey on Drug Use and Health (NSDUH) Report. The NSDUH collects data on a variety of risk and protective factors found to be associated with youth substance use.

For the reasons cited above, TNAS is implementing a year-long campaign titled “Triangle Indians against

Please Turn Over

Age Groups

- Kindergarten – 5th Grade
- Grades 6th – 8th
- Grades 9th – 12th

Judging

Each poster will be judged on originality, artistic merit and expression of the theme. Agreement – submission of an entry to this contest signifies the student's agreement to reproduce/publish original artwork in newsletter, on the web or any other public domain. Liability – TNAS will exercise care in handling the entries, but cannot assume liability for loss or damage. Poster should be mailed to:

TNAS Poster Contest

C/O Clarice Dial
309 Buckfield Lane
Holly Springs, NC 27540

Seeking All Natives Who May Be Interested in Creating Smoke Free Homes!

In addition to conducting this poster contest, we also are asking members of our native community to commit to creating "smoke free homes." Included with this newsletter is additional information about the health and environmental concerns of smoking and using tobacco. Enclosed also is a pledge card we hope you will complete and return to us when you and your family have made the decision to create a smoke free home environment. Simply sign the pledge card and mail it back to us.

Community Reports

- The University of North Carolina at Chapel Hill -- Carolina Indian Circle's 18th Annual Spring Pow Wow. Presented Saturday, March 5, 2005.

- North Carolina State University 15th Annual Pow Wow, April 2, 2005. Grand Entry @ 1 PM (www.ncsu.edu/msa)
- North Carolina Indian Unity Conference, March 17th – 19th, 2005, the North Hilton in Raleigh.
- East Carolina University presents the East Carolina Native American Organization's 12th annual POW Wow Saturday, April 9, 2005.
- 40th Annual Haliwa-Saponi Pow Wow April 15-17, 2005. For more information contact: Archie Lynch (252) 586-4017
- 1st American Indian Business Development Summit April 29th and 30th, 2005, Crown Exposition Center in Fayetteville North Carolina <http://www.ncindian.com/index.htm>
- TNAS Cookout June 11 at Jordan Lake starting at 10:30 AM. Check our website (www.TNASweb.org) for additional information closer to the date.

HOW YOU CAN HELP TNAS

Triangle Native American Society (TNAS) activities is made solely possible by you! TNAS is a nonprofit organization and we are all volunteers.

TNAS is currently seeking volunteers to help us carry out activities. Interested person can contact us at tnas@tnasweb.org.

Triangle Native American Society is a non-profit organization under section 501(c)(3) of the U.S. Internal Revenue Code. All contributions are tax-deductible under the laws of the state of North Carolina and the United States. The TNAS federal Employer Identifier Number (EIN) is 58-1674687.

OUR MISSION: The Triangle Native American Society (TNAS) is a visionary entity empowering American Indian people residing in the Triangle Community to become resilient leaders advocating for educational advancement, economic sufficiency, self-determination and cultural inclusiveness and awareness by capitalizing and building upon the strengths of the community and the infrastructure that promotes and encourages the blending of diverse groups



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